

Asking God for Help in the Everyday Matters

It is a busy day with only everyday tasks on the agenda. Would you ask God for guidance on this day? Or, do you just dive in unassisted, as if you can handle everything on your own? Do you wait until there is a crisis or difficult decision before going to God for guidance?

When we do everything ourselves, we are saying to God, “I know what is best. I’ll call you when I need you.” In other words, “I don’t need you all the time. Just when I am in trouble or when I don’t know what to do.”

It is human nature to want to be in control of our lives. Sometimes we call upon God only when we want Him to bail us out. And then, when we want Him to step in and help us, we may even dictate what we want Him to do for us.

There is a better way. Start your day, as routine as it may appear to be, in prayer. In even the routine decisions, seek to do His will. Include Him in establishing your plan for the day. Ask yourself how you can glorify God with your day. May your service be about serving the Lord and not yourself.



The Bible says, *Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you* (1 Thessalonians 5:15-18). That verse is telling us to pray to God about everything.

When we bring all the elements of our day to God, it shapes who we are and how we go about our day. When we seek to do God’s will, we are a completely different person. Our decisions are different, too. A few examples are kindness and joyfulness. When we choose kindness, we lift others up and show that we value them. When we are joyful, we show happiness and hope, even in challenging situations. When we bring everything to God in prayer, we seek His wisdom and guidance. Being thankful shows our gratitude for the Lord's blessings in our lives.¹

As you bring everything to the Lord, He may lead you on a different path than you imagined. The Bible says, *In their hearts, humans plan their course, but the LORD establishes their steps* (Proverbs 16:9). Yes, while we have our own checklist and goals, the Lord redirects our attitude and our course in life. Our original plans may not align with God’s will. Seek to do His will, and you will be rewarded, because God will put you on the right path -- a path with peace and purpose. Accept His direction. At the intersection of your way and God’s way, choose His way in all that you do.

Prayer: Dear Lord. Today, and every day, I ask for your guidance and direction on everything I do. Amen.

¹ From Godsblessing website

