“… You Just Need Me”

Our Sunday School class is doing a bible study on The Chosen, a video re-enactment of some of the Bible’s stories. Recently, we watched a segment about a man who had been disabled for 38 years. The custom of the time was for people wishing to be healed to lay near a healing pool, waiting for the water to bubble up. There was a crowd of others in need of healing at Bethesda. The people were told that if the water stirred, the first one into the pool would be healed. The paralyzed man could never be the first in the water, yet he remained at the side of the pool for 38 years. When Jesus approached and spoke to the man, Jesus asked the man if he wanted to get well. The paralyzed man thought his only hope was to be the first in the water. He told Jesus that there was no one to help him, and others always stepped down in front of him. The man had no hope, yet he stayed by the side of the pool for all these years. Jesus said to the man, “Rise, take up your bed and walk.” (John 5:8). There was no laying of hands or touching Jesus’ garment. Jesus told the man to look at him. And immediately the man was made well, took up his bed, and walked (John 5:9).

The previously disabled man was one of many people crowded around that pool. Yet, Jesus directed His attention to one man. When you are in trouble, when you are paralyzed by fear or a difficult situation in life, Jesus is there for you – just you. In the Chosen video, Jesus kneels to be face-to-face with the man, and He will direct His attention to you, too.

We all need help, and that help comes only through Jesus. The Chosen video inserts the dialogue that says it perfectly: “You don’t need this pool. You need me.” We need Him, too. Jesus is the answer to our problems in life. Like the paralyzed man, we don’t need the false hopes of our culture. They won’t solve our problem. Our hope is in the Lord. For You are my hope, O Lord God; You are my trust from my youth (Psalm 71:5).

When we believe in Jesus’ power, we can be made well. The man in the story was healed because of his faith in Jesus. You can be too. The last line in the video clip is that the man is told to take up his bed because he isn’t coming back here. “That life is over. Everything changes now.” Your faith in Jesus Christ can change you. You don’t have to go back to a hopeless situation. Everything changes now. You just need Jesus.

**Scripture:** The complete Bible story is recorded in John 5:1-15.

**Question:** Why do you stay in a hopeless situation, when putting your faith in Jesus could change everything?

**Link to Chosen Video Clip:** [https://www.youtube.com/watch?v=JMj1ggINLe4](https://www.youtube.com/watch?v=JMj1ggINLe4). Clip is from Season 2.

**Closing Prayer:** Dear Lord. We all face times of depression, lost hope, and seemingly nowhere to turn. Let us turn our eyes on You and have faith that You will heal us from what we face. Amen.