

Letting Go

The flying trapeze is one of the most spectacular and dangerous acts in the circus. Two, and sometimes three, trapeze artists are swinging back and forth, timing their leap from one trapeze to another. When the time is right one flyer lets go, only to be grasped out of mid-air by the “catcher”. It is exciting to watch because we imagine ourselves as the flyer, high above the ground, hoping the



catcher will catch us. Sometimes the act is even performed without a net, to add further drama. Miss the catch and it will be disaster.

Life has its similarities to the trapeze act. We swing back and forth high above the security of solid ground, without the benefit of a net. The unknown is scary as are some things we know we have to face. But, there comes a time when we have to let go. We can't hang on for dear life forever. We just have to let

go and trust the catcher.

In real life, the catcher is even better than what you see in the circus. If you pray to God for help He becomes your catcher. And, he never misses. You are safe and secure, if you trust Him. *Jesus said, “Trust in God; trust also in me” (John 14:1).*

So, how do you know when to let go? You know when you have God waiting to catch you. Before that, you are on your own. You don't get from one trapeze bar to the other without letting go.

For the circus performer timing is everything. In real life, God's timing is always perfect. Ask him to be your “catcher” and then let go.

Question: Name a time when you had to step out in faith, trusting God will help you through a difficult situation? Did you have peace as you put your trust in God, or did you hold back a little so that your peace was tentative?

Scripture: *Blessed is the man who trusts in the Lord, whose confidence is in him. He will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit (Jeremiah 17:7-8).*

Prayer: Lord, we want to be in control, but we know our limitations. When danger approaches we no longer are capable of solving life's issues. We pray we will put our complete trust in you and we accept your answers to our problems. Amen.