

Be a Blessing to Someone Each Day

The alarm rings. You quickly react, shutting off the alarm clock, and jump into your day. Perhaps breakfast, morning coffee, shower and a quick read of the newspaper. What is missing from that secular morning routine? Have you allowed for time with God? Have you included reading your Bible and a prayer, asking for God's guidance that day? What better way to start your day than getting on the same page with God?

Let me go a step further: in your morning prayer, what do you ask God? Do you ask Him to help you through a difficult situation? Do you pray for others and the issues they face? Do you pray for healing?



There are all kinds of things you could pray for, but the truth may be that most things you pray are for your own benefit. Let me suggest something very powerful: in your morning prayer, pray that you can be a blessing to someone else that day. That is right – set a goal of doing something for someone else every day. It is not an idle offer, but a commitment to God. Then, throughout your day look for the opportunity to fulfill your promise to God that day. Actually, you will be helping God to reach others through you.

You've got lots of things to do, I am sure, but if you dedicate some time each day to be a blessing for someone else, God will bless your day, too. *A generous person will prosper; whoever refreshes others will be refreshed (Proverbs 11:25).*

God will place in your path opportunities to help someone else. It may be someone in need of inspiration; it may be someone having a difficult time; it may be just a kind word; it may be someone who will return the good deed by doing something for someone else. You can be the catalyst for a chain reaction of good deeds. Let it start with you.

If you start off your day without God you are living for yourself. But if you start your day seeking to do God's will, you will do wondrous things, because you will be the hands of God for others.

By being a blessing for someone else you will make a difference in the world, and you may encourage others in the faith. *In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven (Matthew 5:16).*

Question: How do you think your day would be changed if you made an effort to be a blessing to someone that day? Are you willing to put God first in your day?

Prayer: Heavenly Father. We pray that each day, because of our faith, we can find a way to do a kind deed, be helpful to someone or make their day better. We thank you for allowing us to show your love through us. Amen.